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Algerian Twitters from Constantine

Magazine

The Student's Message

Knowledge Day

**“The Algerian
beautiful
and blessed
Awakening”**

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The Algerian Dream
The Path to
Youth's
Success

Becoming a successful youth in Algeria is something that very few people believe in, even youth themselves are not very optimistic concerning this issue. It seems that the Algerian road to success is full of obstacles, being the reason why so many dreams evaporate over the years and the dreamers find themselves carrying on life with a deep down cry. Some of them relate their failure to external conditions, i.e. the society and all its components, and few acknowledge that they defeated themselves the moment they gave up. Avoiding similar scenarios to today's Algerian youth is not impossible if the social platform and the youth's determination take place coupled with the political will.

It is estimated that 70 per cent of the Algerian population is less than 30 years old, which is considered a positive indicator especially that youthfulness is globally considered a force that can contribute effectively in the economic development of a country. Nowadays some developed countries in Europe and Asia, such as Germany and Japan, are suffering from the outnumbering of old people, and their governments are raising concerns about their future working force.

However, countries with high percentages of young people such as Algeria suffer on their part from the mismanagement of this force. Problems of unemployment and legal/illegal immigration are the top challenges that Algeria is facing when it comes to its youth. By recognizing the raising upset within Algerian young people; Algerian decision makers have translated their attempt to mend the problems of this category through a number of ministries. Among these ministries we find: the Ministry of National Education, the Ministry of Higher Education, the Ministry of Professional Formation, the Ministry of Youth and Sports, the Ministry of Work, the Ministry of Solidarity and the Ministry of Culture.

It is true somehow that the contribution of the pervious ministries has paid off especially concerning the rate of unemployment; it declined from 21.4 to 15.2 per cent between 2010 and 2012, and is predicted to further decline in the coming years, particularly within diploma holders. But still political decisions cannot act alone; a healthy social environment is necessary for the Algerian youth to explore their capacities. One important principle that should be embraced is trust mingled with appreciation between generations. It is commonly heard in our society that the old generation does not trust the young one neither the young generation appreciates the old one. Therefore, such mentality will never push Algerian youth and Algeria forward. The old generation still thinks that young people are irresponsible and doubts their capacities. This mentality appears in excluding youth from playing a leading role in their society and preventing them from uncapping their potentials. By doing so, the old generation does not only claim that the rising generation is inexperienced; but also ignores that it is full of energy and hope which is enough to begin with. In fact, Algerian youth proved in many occasions that they can bring a positive change whenever they get the opportunity. Many of them, mainly the skilled ones, found it in western countries where they have greatly succeeded.

It is also unfair to point the finger only at old people in discouraging Algerian youth, because a great portion of the discouragement is actually a result of the young generation itself. One major mistake that Algerian youth make is under-estimating the orientation of old folks. They often react arrogantly and refuse to hear from the elders, owing to their claim that age does not count. One might interpret this position by referring to the enthusiastic spirit within young folks. But yet an enthusiastic spirit may take a negative direction by this meaning. In addition to this, miscommunication is another flaw that characterizes the majority of Algerian youth. They are often either able to deliver their ideas or demonstrate their skills appropriately. Besides, they should get off the idea of getting everything instantaneously, because success is in actual fact, a long hard journey wherever the person goes, and nothing comes on a silver platter unless the concerned person is a son or a daughter of a king.

The path to fulfill the Algerian dream starts with valuing the human aspect and investing in youth's capacities. A mission that the whole society should contribute in from the simplest citizen, who sows a seed of hope in his/her children, to the most influential hierarch that may someday face a tree of dreams, ready to give fruits.

By Hadjer BLOUD
(BA in Journalism/Doctorial Teaching Assistant: English)

Non Stop **Activities** throughout the **Week**



The American Corner Constantine hosts a variety of activities, along the year, organized and presented by Algerian teaching assistants and graduate students mainly from the department of English. The 2013-2014 schedule is quite rich, from Sunday to Thursday the ACC invites its adherents to take part in a choice of activities and events. Here is a look inside the weeklong activities at the American Corner Constantine.

Sunday

Short Film Café

Time: From 11:00 to 13:00

Organized and presented by: Hadjer BLOUD

This activity consists on watching short films from all around the world. The attendees of this activity are invited to share their own interpretations concerning the projected films. Short Film Café aims at creating a space where the students discover a new kind of films and develop their ability to analyze them from an artistic, technical and symbolic aspect.

Give & Take

Time: From 13:00 to 15:30

Organized and presented by: KhouLOUD MAADADI

This activity tends to make the participants move forward using their input and performing it as an output in various performances, for example: "dare or act", "debates", "fill in the gaps", "mile in a minute", "notebooks or vocabulary logs", "talking psychology", "mental thinking process" and "act/guess this out". Besides, this activity involves the acquisition of new data by sharing experiences between the presenter and the participants. This class plays, indeed, an important role for the participants' benefits since they will learn fluent and accurate speaking cooperatively; this indicates speaking/listening skills devotion.

Monday

Writing Center

Time: From 11:00 to 13:00

Organized and presented by: Djellal Tebib

The UC Writing Center (re), which was launched two years ago, organizes a wide range of workshops, games and activities such as: Alfresco Writing, Documentary-Based Writing and Cub Reporters to help students enjoy writing. It also offers a few services at no charge, such as one-on-one tutoring and research assistance. The center aims to nurture a love for writing inside students, enhance their writing skills and promote their learning autonomy.

Be Positive!

Time : From 11:00 to 13:00

Organized and Presented by : Amel Tabbi

"Be Positive!" is all about making the students aware of positive thoughts' role in creating a positive reality which they will soon notice in their studies and lives as well. The activity aims at allowing the students to live the moment and put all their worries aside to spend 90 minutes inside a positive energy bubble, in addition to practicing their English. It 6+ is going to include some reading, discussions, presentations, documentaries, games, etc.



Tuesday



Graphic Design

Time: 11:00 am to 01:00 pm

Organized and Presented by: Mouhamed Terki

Graphic Design is a weekly workshop opened to all those who are interested in learning how to create personal and creative designs. The activity seeks to demonstrate the technical and artistic aspect in making designs by means of sophisticated software such as: Adobe Photoshop, Adobe Illustrator.

Just be Yourself

Time : From 01:00 pm to 03:00 pm

Organized and Presented by: Rym Boudjouada

The idea of this activity is inspired from the concept of "how great we are, yet if we can see that". Therefore, 'Be Yourself' aims at creating a new and beautiful notion about ourselves and lives. Its purpose is to motivate others and make them feel better through cool and important topics such as: who are you? Leadership, How to plan your life? Successetc. its logo is "it's worth to talk about". Each participant is allowed to express him/herself the way she/he wants using English, which makes it an opportunity to practice and improve their speaking/writing skills.

Wednesday

The American Culture

Time: From 9:30 am to 11:00 am

Organized and presented by: Samira Lamoui

This activity deals with topics related to the American culture and history. It aims at clarifying the diversity and richness of the American society. The attendees of this activity get the chance to develop their knowledge and to express their views concerning the chosen topics.

Together We Thrive

Time : 12 am to 02:00 pm

Organized and presented by: Affaf Zemouli

The presenter of this activity believes that teaching is a two-ways process in which the teacher just like the learner has a lot to learn. This is, in fact, what the Together We Thrive activity is all about. Sharing their knowledge, interests, and experiences leads learners to be engaged and promotes active learning. Not teacher fronted, Together We Thrive is an activity which invites the adherents of the American Corner to experience public speaking through presenting subjects of their interest with the assistance of the main speaker. The audience, in such an engaging environment, definitely benefits from the content of the presentation and the feedback of the main speaker.

Tuesday

HOW TO?

Time : 10:00 Am to 12:00Am

Organized and presented by : Nousayba Benloucif

"How To?" is a series of diverse learning opportunities for enhancing students' thinking abilities through group work. It aims to strengthen the following aspects:

Productive thinking

Interaction in group work

Methodological analysis of information

How to make a speech/debate? (An Occasional activity)

Organized and presented by: Ramzi Hamlaoui

This activity focuses on the communicative aspect of students' oral skills. Its main goal is to provide the participants with techniques and tips to help them give successful presentations. The participants deal with many activities that aim to show them the importance of body language and stress management while presenting any topic. Debating in a formal efficient manner is also a quality that we try to deliver through this session. We basically concentrate on how people should express their views, argue and convince others formally and intelligently.

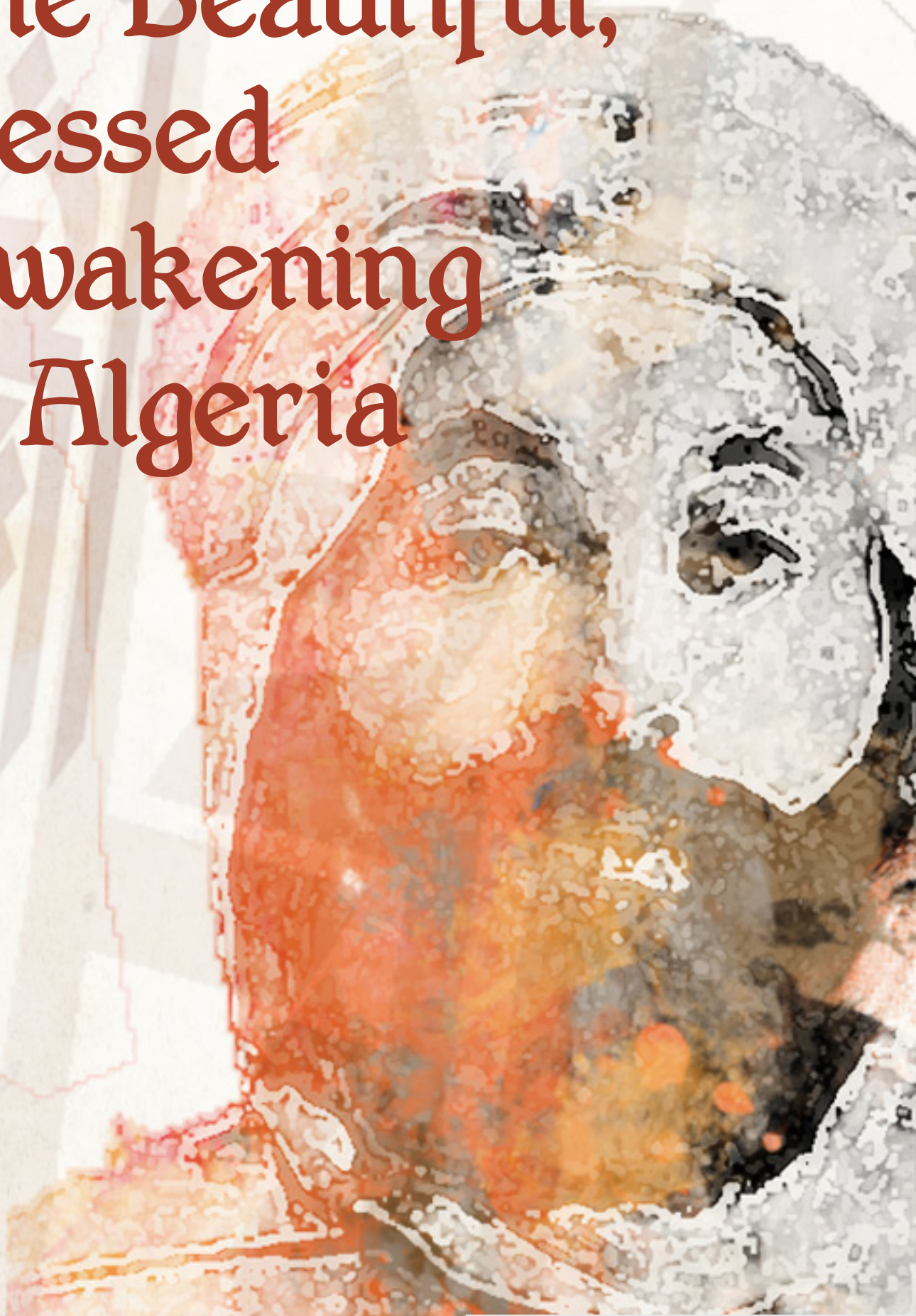
Taking part in the above activities is free of charge; the participant should just become members in the ACC.

**Be
your
Self**

**Together
We
Thrive**

Knowledge Day

The Beautiful, Blessed Awakening of Algeria



“We have deliberately looked for one Arab in Algeria who cannot read and write, but we found none. However, in countries of Southern Europe, It is very rare to meet someone who can read among the people.”

said The German voyager Wilhelm Himbra when he visited Algeria in 1831. With the beginnings of the French invasion in 1830, education in Algeria was highly prosperous, thanks to scholars like IbnTabal in Constantine, Daoudi in Telemcen, IbnHafaf in Algiers and so many other great people who dedicated their lives to teaching all sorts of knowledge. In Constantine solely, there were 35 mosques used as educational centers and about 600 to 900 students who attended about seven primary and secondary schools, as shown by Dr.Demiri who made several studies about the Algerian lifestyle during the nineteenth century. In simpler words, that was the golden age that IbnBadis, after whom the day of knowledge was set, wanted to bring back after the destruction caused by the French colonizer.

16 April was officially ratified as the day of knowledge in president Houari Boumedyen's reign. Just as the 10th of December of each year commemorates the death of Alfred Nobel, 16th April has been chosen to be Day of the Knowledge in Algeria in memory of the scholar IbnBadis who was the leader of the Asso-

ciation of the Algerian Muslim Scholars. It is worth mentioning that the idea of celebrating the Knowledge Day appeared in June, 1938 in Constantine. The day in which the scholar Ibn Badis was honored by a bunch of scholars, students and even laymen for the efforts he made to interpret and explain the holy Quran in a series of lessons throughout a period of twenty five years. Ibn Badis died in 16 April 1940, that is to say two years after this huge ceremony. This had a tremendous effect on the reform movement which lost its spiritual leader. Hence, people guided by leaders of The Association of the Algerian Muslim Scholars have been celebrating since then the 16Th April of each year as the Knowledge Day. The celebrations were under the form of Articles, poems, plays, conferences and lectures about the great achievements the scholar Ibn Badis made to bring back the Algerian identity, which included Islam as a religion and Arabic as the first language, to protect both of them against any distortion or violation. Not only Algeria glorified Ibn Badis' efforts and achievements, even Tunisia between 1946 and 1955 used to celebrate the 16 April with poems like the one written by Mustapha Kharif

“I SEE a Dawn Moving Towards Us”

and articles in press like Elaabkaria (the genius) Magazine and Elnahda (Renaissance) newspaper. Ibn Badis' achievements to maintaining the Algerian Arabic and Islamic identity need a life to be described. He said once:” The Algerian nation is not France, cannot be France, and does not want

to be France. It cannot be France even if it is willing to, for it is a nation that is very far from France in its language, ethics, essence and religion. It does not want to be integrated, and it has specific and known borders called, Algeria”. Here are some of the accomplishments of Ibn Badis: First, once he graduated from Zaytouna College in Tunisia, he started teaching voluntarily in Eljamie Elkebir(The Great Mosque) and later in Eljamie Lakhder(The Green Mosque). He was a great devotee of education for all; for adults as for children, men and women. The latter were not allowed to education in schools by tradition and social beliefs. Yet, only in Ibn Badis' time, parents allowed their daughters to attend his classes because they trusted him. People at that time cared in the first place about the values and reputation of the teacher, then his knowledge and of course Ibn Badis was fit for both. This was a tremendous change, he said: “to form the men of tomorrow we need educated Muslim mothers” He also said that women and men are the two wings without which the society cannot fly. It is also important to mention that he got the chance to teach and preach in the Mosque of the prophet Muhammad in Elmedina, Saudi Arabia, which was and still is the dream of any scholar. However, IbnBadis was aware of the fact that Algeria and most importantly the Algerian identity was in need of him. So, he favored the nation's benefits to his own. An attribute of a great man!

Second, the creation of the Association of The Algerian Muslim Scholars. It emerged first as the Islamic Association of education and science. It was in charge of teaching students the necessary ethics and Islamic values and provided education to Algerian students who did not get the chance to subscribe in schools sponsored by the French government. The association shouldered also responsibility for the care of orphans. In addition, they created ateliers for students to learn the different handicrafts to facilitate their integration into the professional life. They even gave scholarships to students to study in Islamic universities so that they could learn and came back to participate in the intellectual development of their country.

Third, almost all Ibn Badis' activities were related to Islam as the nation's religion; however, this did not prevent him from intervening in politics. In 1939 with the WW2; France strove to get support from Algerian political associations. Many of them accepted but Ibn Badis and his Association of the Algerian Muslim Scholars refused. He was ready to resign as the leader of his association if its majority was for the conscription of the Algerian youths to a war that was not theirs. Besides, one of his most famous political views is what he said on the eve of his death, he said:

“ I swear to God, that if I found ten Algerian scholars supporting me to declare the war of independence right now,

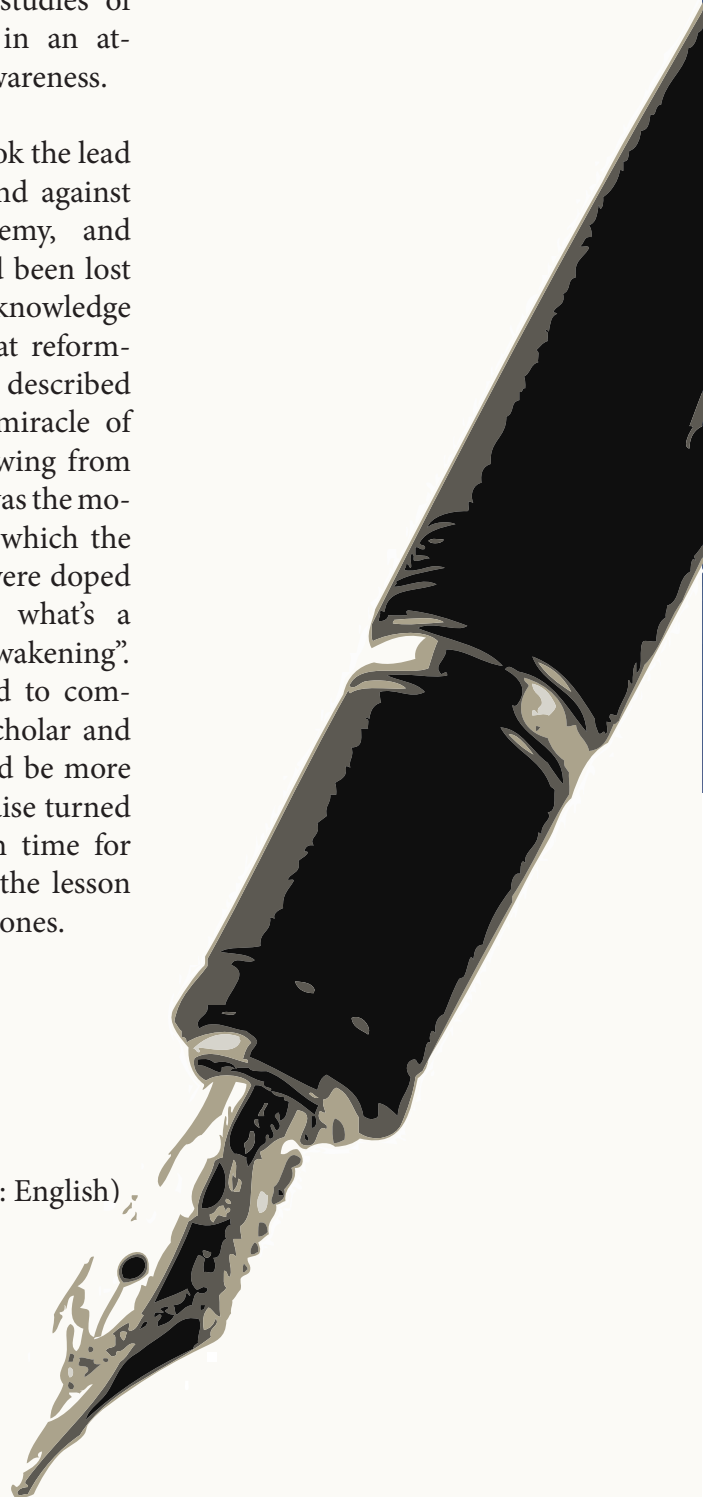
I would do it”.

Fourth, maybe one asks himself, why such a scholar would not write books. He actually saw that raising the individual via direct contact like teaching is more important and highly effective. Fifth, the Association of the Algerian Muslim Scholars established magazines like ElBasaer, Elmontakida and Elshihab in which he and the other members could publish translations, articles, as well as analyses and studies of many Islamic books, in an attempt to raise public awareness.

So Ibn Badis took the lead in a very hard time and against a very powerful enemy, and brought back what had been lost for a century using knowledge as a weapon. This great reformist movement was as described Malek Bennabi: “the miracle of revival has started, flowing from Ibn Badis words. That was the moment of awakening at which the Algerian people who were doped started moving. And what's a beautiful and blessed awakening”.

At the end, it is good to commemorate this great scholar and reformist, yet, he would be more satisfied if words of praise turned into actions. It is high time for this generation to get the lesson and so will do the next ones.

By B.BELAL (Master 1: English) ;



How Our University Celebrates Knowledge Day?



When you consult your agenda in April, you'll directly think about the 16th of April which will take you in a sequence of thoughts, events and historical deeds. The 16th of April is an almost-sacred event in Algeria and particularly in Constantine, simply because it is the "Knowledge Day". In this great event, University Constantine 1 prepares every year diverse and effective programs which include intellectual, cultural and sport activities. These efforts are for the purpose of commemorating this day and passing message to the next generations about knowledge history in Algeria, and how it had been the light in her dark days. This is why the responsible of the activities, named DASCS, have made in the couple of years great efforts in planning and preparing for the 16th of April. This set of activities has represented to a large extent the scientific, technical and cultural level mainly of the University Constantine 1.

To begin with, University of Constantine 1 is interested in the cultural activities in the first place for which a varied and full program has been planned. First, this schedule has begun in the "SeddikYahia auditorium" with the competition of the best student-poem written in Arabic where the students who have inscribed for the competition set before have written the most creative and beautiful piece of poem in Arabic. Similar to that, there were also competitions about the best short story, poster and drawing of the occasion. Furthermore, a visit to the military museum had



been paid in order to enrich the students' cultural background through explanations provided for the students about the cultural and historical content of this museum.

In addition to the cultural activities, there were also intellectual and professional ones that have successfully affected the students' experience. Such these events, the forum of the legal and juridical professions which has taken place in "TijaniHadam" with the participation of juridical parts, administrations and public bodies that have helped the graduate students in law. The main goal of this event was to build a bridge between

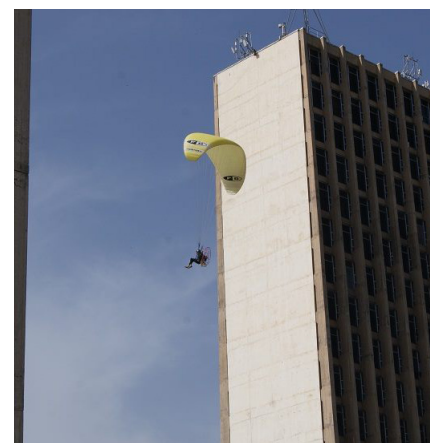
the student and the professional world through a series of courses and presentations about a variety of professional options that helped the students in choosing what suits them the most. Another event which has gained a great attendance is a course in human development. It aimed essentially at developing students' intellectual and mental capacities as well as their per-



formance in both academic and social environment through a couple of presentations: the first by Dr.Siham BOUSBIAAT about excellence rules and positive changing in "TijaniHadam", and the second by the international trainer Mr.Shadi SABRI about the quintet of personal success and human development in the "SeddikYahia auditorium".

Moreover, several sport activities were set to complete the event's programs and to give further vision on what the students can master out of the theoretical domains. Such as, the Football Cup of the University President between faculties, which is considered to be the most important event for students. Also, a set of tournaments have been conducted about Chess, Equestrian and even Scrabble which were a unique and amazing experience for the student competitors. Besides that, there was another manifestation about Aeronautics. Thanks to the "Vet-Wave club", two days of remarkable manifestation were taking place in the "SeddikYahia auditorium" for the academic theoretical

part, and in the university space for the practical part. Courses and presentations have been highly affective and helpful for the students of this field which made them extremely satisfied.




To conclude, the fact of being in Constantine, the 'homeland' of "Knowledge Day", is a big challenge, because we should represent the development of the University successfully, in the first place. Actually, the efforts that had been made were great



and honourable, but the question here is whether we are ready to keep up the changes and to bring new ideas and activities! Well, I think these plans depend on the University's policy, not on the students' choice.

By Khaoula BENZAOUI(Master 1: English)

A photograph of Dr. Abdelhak NEMOUCHI, a man with a mustache, wearing a grey suit, white shirt, and blue striped tie. He is standing behind a wooden podium, speaking into a microphone. In the background, there are several flags, including the Algerian national flag (green, white, and red with a red star and crescent).

Acknowledgement

Dr. Abdelhak NEMOUCHI *a Person to Admire*

A university teacher of English since 1982, AbdelhakNemouchi is one of the most inspirational teachers in the department of English at University Constantine1. He started his career as a teacher at secondary school. Little by little and by working up a sweat, he could take his destiny into his own hands, and made his wish of being a university teacher come true. What is remarkable about this man is that he could get a great deal of love and respect among his students in a very short time only by allowing himself to be who he really is. Today, we share with our readers this interview with M.Nemouchi, who gently accepted to lend us his ears and to answer our questions.

Who is M. Nemouchi, for those who do not know him, in very few words?

M. Nemouchi is a PhD holder and his aim in life is to educate his four children and to train thousands of Algerian students-potential-teachers. His deeply rooted belief is that life is worth living only when channeled by others' chuckles and laughs.

Is teaching at university what you have always planned for or dreamt about? If not, what were you dreaming about?

The grandeur and the magnificence of many of my school teachers inspired my choice of teacher profession. Providence has willed that I was offered to teach during the same year (1982) at secondary and higher levels. Discipline issues dictated my choice for university career. If I had to start from scratch, I would choose this profession.

According to you, what are the keys of success in the professional life, since everyone is looking at you being a very successful person? And do you consider yourself leading a successful life?

Oh, I'm very sensitive to what you say, but I don't think your assessment is consensual. When a teacher faces thirty students, he's depicted in 30 different ways. To answer your question, I'm tempted to say that the key of success lies more in honesty than in proficiency. Be worthy of the others' trust, deserve your salary and be generous enough to share all you possess (knowledge in teacher's case): you will succeed. Am I leading a successful life? Wisdom says 'yes', ambition replies 'no'.

What is the biggest risk you have ever taken, in the professional life (or other)?

I worked on a heavy file for more than two years: implementing tourism studies at Constantine University. I made a huge sacrifice by undergoing a one-year training period far from my family, and ended the project with a complete syllabus designed for the Bachelor and Master degrees in tourism field. Spanish partners showed total disposal to help for the first half-decade. Unfortunately, I failed to convince the central higher education administration that projects of this kind require special resources. Bitterly, I had to give up.

Even when asking him personal questions, M. Nemouchi was very welcoming;

What are you most passionate about?

Conducting a happy family life! I don't conceive dinner around a table without all family members.

We do all have a person who inspired, is inspiring or will inspire us in life. Describe this person! Or if ever you could be someone else, who would it be?

The first name that crosses my mind is Mohamed (Peace be Upon Him). Few years ago, I offered myself the great pleasure to spend the Mouloud En-nabawi Day, in the MadinaMosk which shelters his grave. Since then, I can't stop thinking that this man lying there behind a metal green gate is the most inspiring person for billions of people on Earth. I'm in no way an exception to escape his influence.

If I could be someone else... no! I don't envy anyone except perhaps the old fishermen I often meet in La Marsa fishing port. Their life revolves around fighting wind and waves for fishing. These people never cheat. One day they fight nature and the day after they beg it for some food. I'm planning to join them after I retire.

What accomplishment in your life are you the most proud of?

With no hesitation, I'd certify that I'm proud of constructing a happy family life. I wish I could do or give more to my university and my country, but I haven't been given this opportunity. Today, when students and staff workers approach me with gratitude, I thank them with bitterness because I know I could do more than what I did for the institution. Prevailing conditions did not allow. Giving priority to politics at the expense of pedagogy handicapped and alienated many of the university teachers.

What were the three-four biggest challenges you faced and how did you deal with them?

In my professional life, during the mid-2000s I had to convince hundreds of university teachers of the necessity of reforming higher education in Algeria and implementing the LMD system. I, with other colleagues under the close supervision of the president of Mentouri University, had to build up strong arguments in favour of the Bologna Process. Unfortunately, I couldn't convince decision-makers that politics and pedagogy cannot coexist under the same roof. This confusion made the reform deviate from its initial trajectory and led to dissatisfaction with the LMD system.

How would you describe your life? If ever you were given the chance to choose another life for yourself, what would it be like?

As to my social life, and though I regret I failed to undertake and realize some important projects like learning Coran, I consider that I've done everything humanly possible to do. If I happened to fail in committing in more satisfaction, it's simply because of a lack of time. Life is so ... short! As to choosing another existence, I would certainly opt for rural life in a small coastal village.

A piece of advice for the readers of the magazine!

Construct your life on honorable assumptions and beliefs, and stick to honesty. It protects you as you can't imagine. Never forget that as university students you are among the best; and as such, you can do a lot for others.



Through these questions/answers, we could explore some of M. Nemouchi's world, we knew more about the person and the teacher he is. We knew how humble, caring he is; he cares about his students and is always ready to give them a helping hand. He presents his lectures in an uplifting artistic way. His lectures are much more like sessions of relaxation. In addition to all that, he is always sharp-looking, making him even more respected and admired. We hope you will enjoy reading this interview as much as we enjoyed working on it with him.

By Amel TAB (Master 1: English)



ALGERIAN WOMEN SWITCH FROM FATAFEAT TO SAMIRA

On the 26 of December 2006, the first television channel "Fatafeat" was launched on purpose of 24-hour free-to-air cuisine which is based in Dubai. Since that day, Fatafeat has gained a great interest from a wide range of people. Algerian women, as well, were interested in Fatafeat mainly in order to acquire new methods of cooking. However, this channel was not fully satisfactory for the Algerian society because of some particular reasons. Until August 2013, a new Algerian TV channel was launched under the name of "Samira TV" and was based in Algiers. All views were oriented to this new channel principally for the reason that it truly serves the needs of the Algerian society.

Well, Owing to the privatization of the audiovisual sector in Algeria which led into opening many private channels. These channels reflected the society's, culture, thoughts and needs. Among Them, Samira TV has given the chance basically to the Algerian woman to study her needs at home and in her daily life in order to provide her with the best creative ideas. Unexpectedly, Samira TV has known a great concentration from the Algerian women since it affords her with the right necessities, rather than Fatafeat the one which had the lion share of viewing rate.

While investigating this phenomenon, we figured out that there are many reasons behind the shift of the Algerian woman from Fatafeat to Samira TV. To begin with, Samira TV is considered close to the Algerian women rather than Fatafeat and this is what the 23 aged Besma has acknowledged, adding: "I watch Samira TV simply because it suits me, it is close to my culture, the presenters use simple and available tools and ingredients in their programs, and they are so direct in conveying the message to the followers. Whereas for Fatafeat programs, most of time, present strange dishes that has no relation to the Algerian culture. Besides they use inaccessible ingredients for us and this issue seem to make the cooking process of their meals quite hard."

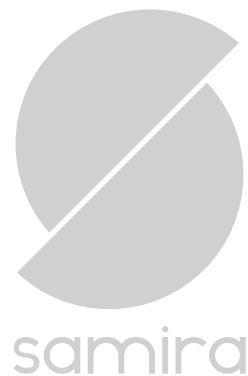
Another reason Miss Khalida, aged 28 years old, has raised is "the language" when she said: "As we used to watch Fatafeat, we couldn't completely understand

the language they speak, even for the Arabic spoken programs because the presenters use unfamiliar names for products. However, the presenters of Samira TV programs address directly the Algerian woman, plus they use purely the Algerian dialect. All women, consequently, can understand and interact with them either the educated or the non-educated ones."

Generally, Fatafeat programs are mainly interested in inventing new dishes, tastes and ways of cooking. Yet, one of Samira TV purposes is preserving the Algerian heritage; i.e. the Algerian traditional cuisine. As Mrs. Leila, aged 51 years old, answered: "we see Samira TV to remember old days, when we were young girls learning how to cook 'Couscous and Chorbafrik' from our mothers and grandmothers." So, Samira TV now is giving the chance to the new generation for the purpose of preserving the Algerian traditional taste with the same flavor of old days.

"Diversity in programming is considered as the main principle of Samira TV," said Mrs. Souad; i.e. it presents so many programs of different interests. It is concerned with cooking, decorating like painting on plates and glasses, art and couture including "macramé and broderie". All these activities cover the traditions of the whole parts of Algeria going from East to West and from North to South. She added also: "In contrary, Fatafeat focuses only on the cooking part, and unfortunately ignores the other activities which affect the interest of all women."

While investigating women about this phenomenon a very special and different view has come out. This is because; it was a man's view. Mr. "Nour-Eddin", aged 29 years old married, has brought to light another reason in which Samira TV has affected his daily life and cooking habits for the best. He stated: "When I go home at the end of the day, my wife asks me about my preferences for dinner. Sometimes, I want some changes rather than eating the daily frequent dishes. So why, I turn to Samira TV that presents so creative and delicious recipes with limited ingredients which consequently changes the routine of the dinner table in the way that do not affect the man's pocket. Actually, this part of financial situation is not taken into consideration by Fatafeat at all."



In conclusion, the phenomenon of switching interest from Fatafeat into Samira TV is considered a great and successful step for the DZ media. Simply because, Algerian media is now aware of the Algerians needs, particularly women. Furthermore, they have made a great job in creating beneficial and affective programs that fit the pure Algerian society, exactly as it is, meaning its real conditions, and not as it is supposed to be.



By Khaoula BENZAOUI (Master 1: English)



NESS EL KHIR AN ALGERIAN CHARITY GROUP THAT RAISES HOPE

Few years ago, the Algerian society witnessed the emergence of several charity groups, namely "Ness el Khir". It first started in 2009 with a small group of youth, living in Algiers, who decided to assist poor people without having to be part of an official organization. These young friends, then wanted to show to the rest of the society that people do not necessarily need to have an authoritative president or to be declared on operative documents to help in making positive changes in the society and indeed, they have shown everyone that they could help needy people through forming a group of friends and neighbors who are ready to provide assistance to others. In a blink of an eye, people from different Algerian cities heard about this initiative and consequently, Ness El Khir became very famous and spread over almost all the Algerian territory.



To have a detailed idea about what the group of Ness El Khir does, we had the pleasure to meet one of its most active members: Souf Mounir Youcef, who told us about the remarkable and successful experiences the group has been through.

Youcef, having had more than three years of experience with this amazing group, could you tell us a little about the steps you go through before proceeding into a given activity?

"Before proceeding into any activity, we organize a meeting to make a plan for the operation we intend to carry out as well as to determine the required budget. Then, we start collecting money starting from our families to everyone we know. For the time being, we are planning to take breakfasts to hospitals regularly.

Sharing a simple moment that most of us take for granted, like having breakfast, with hospitalized people is so interesting. Are there other activities that you perform within hospitals?

"Sure! We occasionally arrange what we call: a Colorful Day; a day in which we pay visits to pediatrics. This consists in organizing a small party in which we disguise into clowns and decorate the children's rooms with balloons and paintings. At the end, we give them some presents such as toys and short stories".

This is truly amazing! Drawing a smile on those innocent faces must make you feel great about yourselves! Is there anything else that you do for children?

" Yes. At the beginning of every school year, we prepare My School Bag event. We just try to find the maximum of poor families, counting the number of children they have, and then buy all the books they need and the necessary tools they will be using at school ».

Doing out and looking for poor families in a city as big as yours must be very difficult! How do you manage to succeed at doing this?

Not at all! When we are united, we never feel the heaviness of work. For example, there is a more complex activity, yet a bit similar to this one; looking for poor people in the streets, and which we always perform with great success! With the beginning of every winter, we collect blankets, coats and some warm clothes, then donate them to the homeless people we find in the streets. This activity is named "a warm winter to all" .



This is genuinely impressive. What about religious events? Do you plan for an activity?

"In fact, in religious events, we organize many activities. In Ramadan, for example, we prepare supper and take it to the Rest Houses, where we break the fast with parents left by their children. In El Aid , when Ramadan is over also, we organize a Cake Workshop we often take the necessary ingredients to the orphanage , and teach orphans how to make cakes".

With Ness El Khir, help is not given to humans only, but environment too! Can you tell us a little bit about that?

"We often organize a " City Day " in which we get divided into small groups and clean different neighborhoods, streets, parks, universities and even cemeteries. There is also what we call a "Green Day", an activity that we organize mostly in spring, and in which we plant trees. Even in summer, we make what we call a « Blue Day » activity in which we clean beaches in different cities ".

Today, Ness El Khir is not only a group of people gathered for a specific reason, it also forms a unified and beautiful family. Everyone is ready to give his all, just to learn how to be grateful about what they have and feel that sense of satisfaction because of donating with appreciation. The members are different, they have different ages and yet, the chemistry between them is just incredible, and the atmosphere in which they perform their activities is made of a smooth mixture between seriousness and fun. Of course, this benevolence group has struggled a lot to become what it is today, but it has achieved its most important objective which is reviving the charity work.

By Lina GHIAT (Master 1: English)

ONCE UPON A TIME CONSTANTINE

By Rym CHELBI (Doctoral Teaching Assistant)

As the sun went away behind the mountains announcing the end of the day, I took a look at my agenda in an attempt to show respect to my punctuality and to put in order my schedule ... I was turning the pages, those of the month of March, one after the other and scheming through the lines I wrote in a hurry ... on the very first line of each page, I wrote "Constantine" ... I turned the last page, closed the agenda and then I smiled ... I did not want to provide myself with the smallest clue about that ... I wanted this hint to lead me everywhere and nowhere in the interval of no time ... to me, it was a wink to the rendez-vous I have every month with Constantine lovers ... those who bear a resemblance to me when it comes to cherishing the tiniest detail of Constantine ... those who value



and appreciate that moment in time, now called past, and that was the present of our ancestors, once upon a time ...

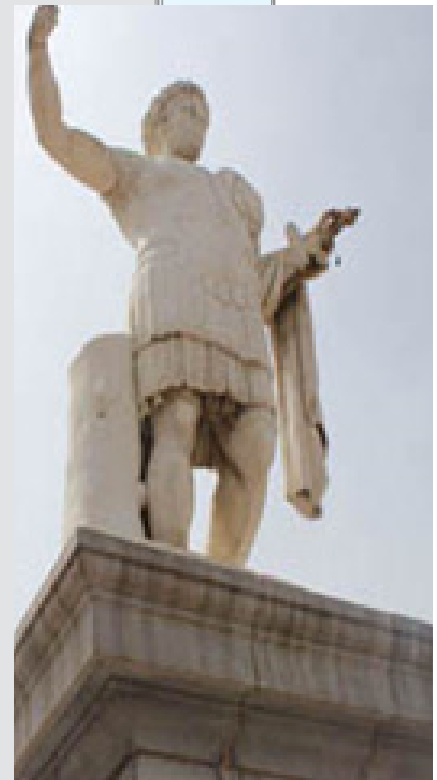
With a deep sigh I whispered: "If only we were granted with the ability to go back in time!" almost a smile was drawn on my face when I thought of that very idea! Involuntarily, I was using the last case of the conditional: "the impossible probability!" ... an awkward silence invaded my mind for a while, and then, just like in the cartoon when the characters have a brilliant idea; a light bulb appeared over my head and set my thoughts free ... it is very true that travelling in time is unattainable, but imagination is the mind's eye ... and yes! Imagination is so affordable to dreamers ...

When the light of the morning stole the darkness of the night, I thought of reanimating the history of Qssentina in my memory ... I planned to visit the historical sites and monuments of the various civilizations that tattooed their names on her skin, instead, to immortalize their love stories for they knew their life was short and hers is eternal...

I had this desire to be dressed in my mother's "qatifa" ... that long dress of velvet embroidered with very fine golden threads and worn by the women of Constantine mainly in wedding ceremonies ... I thought of that and thought of decorating my forehead with "ledjbine" or "khayt errouh", my neck with "lemkhebel" and some other necklaces, my wrists with "khlekhelel" and "ma9yass", my waist with "lemhezma", and my ankles with "rdif" without forgetting "s'khab" that falls on the front

of the dress from the shoulders to the waist ... and then thought of going for a walk in the old narrow paths and passages with that golden "chebrella" when Constantine is still waking up ... only thoughts; I said to myself ...but still longing for this visit ... with the actual fashion, of course!!

On the table, my coffee was served ... I drunk it slowly ... pausing after every single sip and organizing my trajectory ... I murmured swiftly: "my memory" is going to be my guide ... I went out twittering that "zajal" ... "hina youchrikou alfajr" (when the dawn shines) ... I stopped for a moment and uttered: "good morning Constantine!! ... beautiful you are under the morning light ... Constantin was not wrong when he named you after him!" Ah Constantin the Great you are the first station to stop by..."

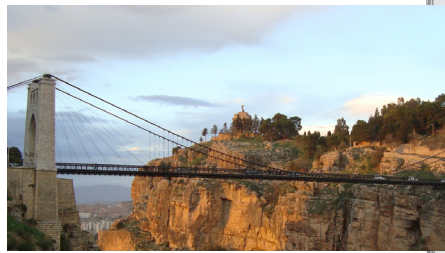


I went to him ... in front of the train station situated in Beb el Kantara, finely sculptured; standing and holding a torch in his hand ... I looked at this statue for a while trying to humanize it ... I still remember my father's smile when I told him that ... I used to accompany him when he collected the very first data for his book "Constantine, T'en Souviens Tu?" (Do You Remember, Constantine?) A book that he wrote passionately for almost 15 years: "you cannot write about Constantine in a month or a year! Qssemntina is full of details, Qssemntina is a civilization itself." He says extinguishing his cigarette, and sipping the last drops of his coffee, under the rhythms of a bunch of malouf songs he plays on his lute ... all that was brought to my mind in the space of no time ... Isn't the love of Constantine quite similar to that precious jewelry of thousands and millions of days given by one of the ancestors, some day, in the past, and transmitted from father to son or from mother to daughter for several generations ... kept and cherished till the end of time? Yes! It is a piece of the past, a piece of memory ... Beb el Kantara ... "The door of the bridge" ... history stated Constantine was surrounded by seven doors that closed by the sunset to protect herself from strangers ... The main doors were four and were located in the south of the city; Beb el Kantara, Beb el Oued, Beb el Djabiya, and Beb el Jdid. These doors were destructed during the colonial period one after the other ... along the way ... The Bridge of Beb el kantara showed up ... the oldest bridge ... built in the epoch of Salah Bey on the ruins of a roman bridge, the year 1792 and renovated by the French, the year



1863, during the reign of Napoleon III. This bridge is composed of four arches; the main arch is of 56 meters. "El Kantara" is 125 meters height above the Rhummel River and 128 m span...

Not far from "El Kantara" is located the bridge of "Sidi M'cid"; also called "the suspended bridge". This bridge, which was inaugurated in the 19th of April 1912, was constructed by the French. It is 175 meters height above the Rhummel river and 164 meters span ... Almost under the bridge "sidi M'cid",



we perceive the bridge of "Falls" ... It is 80 meters height above the Rhummel River ...

The bridge "Melah Slimane", called



"The Pedestrian Perrégaux" in the past. This bridge, which was built between the years 1917 and 1925, is a smaller pedestrian version of the bridge Sidi M'cid. It is built hundred meters above the Rhummel River with a 125 meters span and 2.5 meters width. This bridge, unlike the other bridges, swings and wobbles as one traverses its center point.

Named after a saint, the bridge "Sidi Rached" was built by the French the

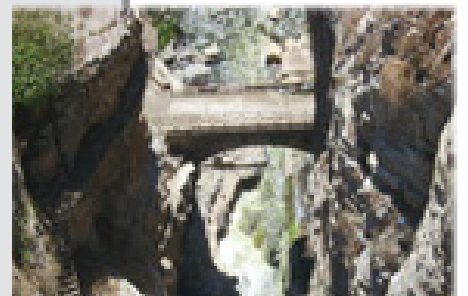


year 1907, on until the year 1912. It contains three main curves with 27 arches; the largest curve measures 70 meters. It is 447 meters span, 12 meters width, and 105 meters above the Rhummel River. "Sidi Rached" is classified among the highest bridges made of rocks in the world. Under the bridge "Sidi Rahed" is found "The Bridge of the Devil" ... It was given this name for the infer-



nal sounds the river's water makes. It was built by the Turkish and it is reserved to pedestrians only...

The "Trans-Rhummel Viaduct" or the "Giant Bridge"; which is still under construction, it is 27 m width



and 8 km span...

Following the trajectory my memory traced, the "Transrhummel viaduct" was the last station to stop by ... I went back home with beautiful pictures of the gorgeous sceneries of the cliffs and gorges of Rhummel that the glorious bridges grant passengers with, and a rollercoaster of emotions related to climbing days on history ... those bridges of "sakhra" (the rock) that are present today and absent, once upon a time ...



I saw a Dying Lion

It was the first time I had seen a wild lion dying.
Mouth wide open-eyes bloodshot and on its back it was lying.

No wound did I see and no roaring could I hear any more

-From violent roars to painful groans- my heart sank low.

I was right there in the middle of the wild
Between the bushes and thorns: sharp and mild.

For once, the jungle was silent, with neither fog nor mist
And I stood there under a tree, watching the dying beast.

The beast looked at me: our eyes met and I saw
A pain that was deep set- deep in the vain glory of war.
Its tears I could feel, even though the eyes were dry
And I quickly looked away for mine tears were now nigh.

Somehow I risked taking another glance at the poor thing.
Five ribs were visible, all coiled up like a stretched spring.

Flies carpeted the lion's mouth brook
Flying to and fro with each breath the animal took.

Standing there, my own soul began bleeding
My whole substance, my substance melted with a strange feeling.

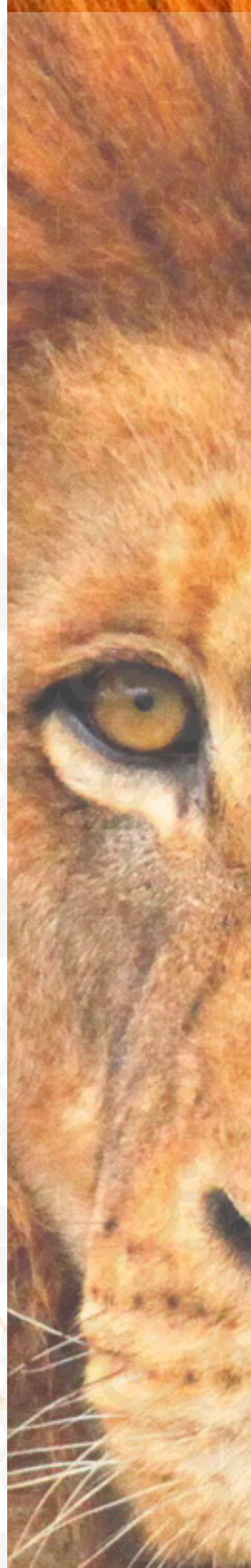
The lion's eye communicated something with my inner self
And suddenly in that dying thing, I saw a reflection of myself.

It is true, most of us walk but inside we are dying.
Most of us are laughing yet the heart is crying.

We are strangers and enemies to our true selves.

Its not because we love it- we have locked our eyes in forgotten shelves.

By Bothwell SIMU



Black or white

With eyes closed I can see
A universe without a tree
A galaxy without planet
Indeed it was on a climax on the top
of a skyscraper
Watching the unknown creatures
Passers-by along the river
Masks are falling down everybody is
freaking out
Searching for their masks or their re-
alities
Searching for their debris, what a ca-
lamity
As a naked monkey on a stage
Felling dizzy, felling ache
Black or white you are not that sure
About which color you want to
choose
White like pureness, divinity, a cure
Or a black evilness, ugliness, an ob-
scure
On a dark hole you wanted to put
me
Divine black girl, I'm a tough lady
Who chooses to create her own ref-
uge, out of the fuss, out of the mess,
out
of the darkness, out of the sadness

By Dalinda MESBAH



Smells Like a Flour

It the same old same
Looking for someone to blame
Every time I try to move on
I get stuck not knowing how to
carry on
I made my life taste like sour
Every minute pass as an hour
I want my life to smell like a
flower
And that by one way
No more blaming others may
show me new manner
To make out of nothing a dolor
In every single hour
It will be blossoming with the
green color
All that by putting faith in me
Seeing me mistaken won't hap-
pened again
because hopefully this is how
sadness will end.

By Nadjat BENLOUCIF



WHAT **YOU** DO **THINK** ABOUT! **FRIENDSHIP**

*How can you define friendship?
What's the difference between a friend and
best friend?
Do you put your friends before your family?
Can a man and a woman be just friends?*



In this issue, I wanted to talk about something important with a touch of fun, so, I have been doing some serious brainstorming with my friends to come up with this subject: Friendship.

The above mentioned questions are the most asked ones when it comes to talking about friendship. The different views that we collected, when we asked the questions out loud, are stated as follows:

Khadija 22 years old

For me, friendship is very important and so sacred; it's just magic that connects the souls. I don't have a best friend as all of my friends are equal, and most of the time I put them before my family. Men and women can be just friends in one condition: if both of them already have a partner; i.e. a stable love relationship.

Randouch 19 years old

A true friend is someone who raises you when you fall and feels happy for you when you succeed. It's someone you trust. It is someone who understands you, knows the real YOU and appreciates the person you are. A friend is someone you hang out and have fun with, but a best friend is someone with whom you share happiness, sadness, sickness and everything.

Ikati 22 years old

Friendship is a state of being with persons that are different from you, but have almost the same interests, dreams and goals. But a best friend, for me, is the one who knows some parts of me that casual friends do not; crying in front of my best friend is no embarrassment.

Amel 23 years old

A friend is someone I hang out with. A best friend is someone that I hang out with, share my secrets with and cry on her/his shoulder. When you say: "Do you put your friends before your family?" well, I treat them equally; my best friends are my second family! Concerning the friendship between men and women, I think that men and women can't be friends. Even if they believe they can, at some point, there will be something more than just friendship; experience says that.

Minou 22 years old

I can't choose my friends over my parents, but over my sisters or brothers yes! For my friends want me to be a better person, but my brothers and sisters are care-less.

Soundra 21 years old

Friendship is the most secure and all giving relationship where you are not afraid to reveal your true personality without judgment. A best friend might be a soul mate, it's like you're talking to a mirror. Your best friend is the one that all the family knows; the one with whom you can spend days without getting bored.

Kamilia 25 years old

Friendship is a beautiful relationship that connects two people. Actually, there is a difference between a friend and a best friend: a friend is someone you know, but a best friend is a friend who proves his/her loyalty, love and compassion in various situations.

At last, I can say that friendship is really an important element in our lives. A friend is someone you love and appreciate who is trustworthy, loving and caring who has an interest in making you and your life better. These days, however, one should be really selective when it comes to choosing his/her friends because they have a big influence on us. As the saying goes, «tell me who's your friend and I'll tell you who you are.»

By Warda BENLAKHLE (1st year: Arabic)

How to Lose Weight without a Diet?



Do you have a serious problem of overweight? Have you tried many methods, but nothing was in favor? Now you can get rid of the sever diets, and change your way of choosing food. To get the weight that you have always dreamed of, you have to be a mathematician in eating and calculating some numbers. It is simply "calories" that need to be well counted, either to lose, gain or merely maintain our weight.

A calorie is a unit of measurement of energy that the body needs to carry out any physical activity. Food is certainly the source of energy, and the human body needs all kinds of food: Carbohydrates, Proteins, Sugars, and Fat. The man needs a specific quantity of calories every day, and this quantity depends on his activities, height, weight and age. Hence, there should be a balance between the amount of calories that we get from food and the calories that we burn in order not to gain (or maintain?) weight. The human body stores all the calories that it does not need as greases to use them later in case of calories deficiency that it is got from food. Thus, if we eat too much, the quantity of fat in our bodies increases,

and when we eat less our body uses the fat to produce energy and thereby burns lot of grease. This is how we lose weight.

Many studies showed women, in general, need 1500-2000 calorie to preserve their current weight while men need roughly 2000-2500 calories. This number is also known as the Basic Metabolic Rate (BMR), and it can be calculated using the following formula:

- For men: $(13.75 \times \text{weight (kg)}) + (5 \times \text{height (cm)}) - (6.76 \times \text{age}) + 66$
- For women: $(9.56 \times \text{weight (kg)}) + (1.85 \times \text{height (cm)}) - (4.68 \times \text{age}) + 655$

Then, the obtained result should be multiplied by the activity factor" as shown in the table below:

Activity factor	Group	Description
1.2	Sedentary	No sport exercise
1.375	Light activity	Sport 1-3 times per week
1.55	Moderate activity	Sport 3-5 times per week
1.725	High activity	Everyday Exercise
1.9	Extreme activity	Professional athlete

Specialists say that the human body needs minus 7716 calorie to lose 1kg. We can use this number to calculate how much we can lose in a given time, for example we can take away 500 calorie from our BMR (1500-500=1000), after that we multiply the result by the number of the week days (1000x7=7000), then since in every 7716 we lose 1kg, we have to multiply the result by one before dividing it by 7716 (7000x1/7716=0.90). Therefore, we may lose 900g in a week and 3.6kg in a month (900x4). In practicing some sport we can also burn from 200 to 300 calories a day on a treadmill or on any other sport devices.

However, a balanced combination between the amount of food we should eat and sport is the best way to lose weight. Therefore, choose food carefully, calculate how many calories we need per day and follow an effective sport program; we are definitely going to get rid of many kilos and have a suitable weight.

By Asma MOSBAH (Master1: English)

ASK MOTHER NATURE

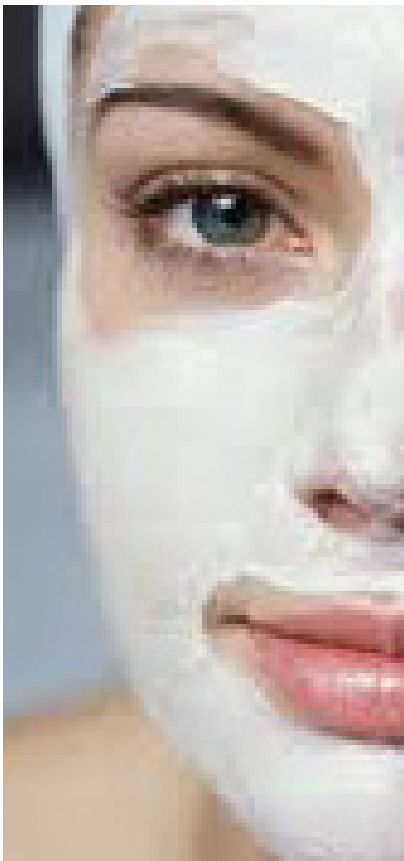
Common Skin Problems

By Sabrina CHEKROUD (Master1: English)

Lately, many women, all over the world, tend to use home remedies to take care of their beauty. In this issue, we aim at answering the questions women ask concerning taking care of their skin and maintaining its vitality through providing them with some natural tips which they can easily make at home.

Assma: Can you give me a facial mask for blackheads, please?

Sabrina: In order to rove blackheads you need, first, a facial scrub to get rid of dead skin cells. In a bowl, mix up 1 table spoon (tspn) of lemon juice, 1 table spoon of honey, 1 table spoon of baking soda. Make sure to apply this mixture on a dry skin, and let it for 5mn. You will notice the results after rinsing your skin with cool water.



Amina: I tried several creams to get rid of the dark circles under my eyes but in vain! So would you, please, provide me with natural remedies to get better results?

Sabrina: Black eyes-circles are mainly due to the lack of iron in the body. Before trying applying any recipe, you should check the amount of iron in your blood and then do the following: cut a cucumber (or potatoes) into circles, apply them on your eyes for about 20 minutes. Use frozen cucumber (or potatoes), in case you have puffy eyes.

Linda: Detergents (cleaning products) are so abrasive for my skin and they made my hands so dry. What can I do to have smooth hands?

Sabrina: In a bowl, mix up one table spoon of lemon juice, two table spoons of olive oil and one table spoon of sugar (or salt). Scrub your hands with the mixture for 5-10 minutes, after finishing the house chores. You are going to have silky hands once you wash them with warm water and apply the petroleum jelly (Vaseline) to soften your hands.





how do people steal your energy?

We all need energy and motives in our life from different sources to live, to participate, and of course to share and receive knowledge. Unfortunately, the majority of us use and play a dramatic role in stealing this energy with a very negative way without paying any attention to their real state, so one needs to know that many if not all people around will try to control others by using drama. The four obvious kinds of people who steal our energy as categorized by the scientist James Readfield are as follows:

Firstly, "The Intimidator" : the person who tries to attract others by using threat, fear, blackmail, warning, and all kind of negative feelings to make them scared and interested in him.

Secondly, "The Interrogator": by being close to this kind of people, we will always feel that we are observed; besides, they will try to convince us that there is a problem

somewhere and it must be fixed, whether this problem is in them or not. His tokens are: criticism as well as chasing words and specific situations to use them later against his target! His famous sentence is: "I told you that!".

Thirdly, "The Mysterious": the person here always tries to attract others by being aloof and playing secretly, he doesn't ask for their assistance and he always puts a distance between himself and them. His famous sayings are: "I am not yet ready!" "I will tell you later" and of course he doesn't disclose any of his plans or details. Finally, "The Victim": he always feels that he is the poor guy, who is always abused and betrayed by others. He also tries to appear ill, so that others look after him.

These are games people play all the time to get your attention and control you most of the time, they do it out of unconsciousness so don't give up to dramas. Once

you do, you are under their games, so do not react to them and avoid the urge to respond.

While one can determine and distinguish the four kinds he is dealing with, he/she cannot do all of that. So, his/her energy can easily be stolen; thence, using nature as an infinite source can be a good solution, and yet being more grateful and thankful to God is a real cure. Moreover, it is often best to take the high path and bring energy from Love and those who can share it.

By Khadija DABBACHE (Master1: English)



The
English
 Café

Speaking Well

Do you read? How many books have you read? How about what you're writing? Do you listen to English native speakers? How about your English speaking practice? These questions are about the four skills that are very crucial in learning English as a foreign language because of the cooperative use of them to be an English native-like speaker; we are interested with one skill in connection with the three previous ones. Hence, I will be thrilled to let you know a better way to achieve a fluent and accurate level of speaking skill; all you have to do, just follow these advices:

- **SUITABLE SUBJECT:** learner of spoken English as a foreign language should choose the most convenient subject to discuss. Therefore, the adequate context helps in matching the correct vocabulary use and the words' bank storage, "The better you match in the closer you get" said by Christian Machasuet, 1992.

- **STRESS NECESSITY:** Wherever the stress is needed, it has to be put into practice since it is very useful in identifying the exact meaning to be understood by the audience-particularly in: homonym; words that share spelling and pronunciation but may have different meanings.

- **SIMPLE LANGUAGE USE:** The speaker should utilize the plain sentences or words to guaranty the successful deciphering of meaning. Furthermore, idioms, jokes should not be used as far as other complex language phrases. In other words, being clearer provides you with huge space of simplicity and accuracy. So be simple to decrease ambiguity and spelling mistakes.

- **THE EXACT ORGONIZATION OF WORDS:** The suitable range

of vocabulary makes the sense clear and easily understood and gains the listener's attraction. According to "Rachal Andrew": "the adequate use of language depends mainly on the systematic hierarchy of words." (2001)

- **MANIPULATIVE VOCABULARY:** The use of this genre of words opens the door for creative thinking and debate. Also, either the listener or the speaker faces a great opportunity for new words acquisition.

- **IMITATION:** This utility is not much useful to become a good english speaker because he/she has to create his/her own way of learning for a better achievement. This tip particularalry depends on the personality of the learner. So being social is the best criteria in fluent speaking. (at early stages the learner can start with Imitation and by time he / she will create his idiolect)

- **COHERENT CONNECTION OF WORDS:** Learners must corelate words in a very meaningful way to provide easy language use, understanding and manipulation.

- **NATIVE SPEAKER EXPOSURE:** This step is much essential to learn the accents of the english language. Moreover, the respiration between letters will be learnt in a realistic manner.

- **FEELERS AND HESITAION DEVICES:** The use of those items should be limited due to time consuming and boredom. If you lose the word just keep silent and do not overuse the previous devices to create a relax atmosphere for a meaningful discussion and continuous attention. Hence, you will not be disturbed and the audience will always be standing for what is next to be said.

In addition to that, those tips can be taken into consideration most

importantly if they will be based on five essential conditions: First; speak out loud what you hear since reading and listening are not enough. Second; submerge yourself; surround yourself with English by specifying rules with English friends, speakers, technology; mobiles, iPods, ECT in spare time. It was mentioned: "Submerge yourself in English and you will learn several times faster." Web site. Third, don't overuse grammar because it consumes time, slows you down and confuses you. So, study it in a logical manner. Eventually, study correct materials; study materials that are commonly used by most people. So, peer correction, motivation, avoiding bad habits should be taken into consideration; "study English material that you can trust, commonly used and correct!"

Eventually, these ideas are fundamentally based on the problems that students face while learning, as: lack of vocabulary, lack of equipment, wrong pronunciation acquisition, not enough practice etc ... At last, the solution that comes out for all these obstacles is the adequate management of time and place for practice, reading and rehearsal. Therefore, the learners can use media, books, internet, technology and habits as instruments to reach the goal of a better English speaker (fluency and accuracy).

By Khoulood MAADADI (Teaching Assistant: English)



How to Charge Your Smartphone Faster?

Complaining about Smartphone's short battery life or the amount of time it takes to charge up, which is a cliché in this new generation, can result in impatience.

Here are some tips and tricks you can employ to get your battery from dead to full in less time. Have a look of the suggestions below

1st tip: Turn your Smartphone off:

If you want your Smartphone to charge faster, you have certainly to turn it off, but if you do need it much then try to put it in "Airplane Mode" (from the "Settings" menu), and in "Silence mode". Those options will stop your phone from looking for cellular and Wi-Fi signals, receive any call without ringing and can speed up the process of charging.

2nd tip: Use the wall charger instead of the USB:

People nowadays are just charging their Smartphones via a USB port or a wireless charger (support kit, pillow charger...), but in fact; your Smartphone will charge faster from a wall charger. Apple's and Samsung's official advice

"for the quickest charge" is to "connect the device to a power outlet using the USB cable that came with the device and a USB power adapter, because wireless chargers will take more time."

3rd tip: In case you use your USB:

If charging from a computer by a USB cable is your only option, there are ways to speed this process up, one of them is to avoid synchronizing your Smartphone at the same time of charging. It is also advisable to remove all other USB devices that might be drawing power (camera, webcam...) and do not let your computer go into standby mode; this might actually drain your handset's power and could stop the charging process.

4th tip: Keep your Smartphone far from heat:

If you didn't know that the battery's ability to hold a charge decreases by high temperature, then take it now as a fact. Phone makers state that "heat will degrade your battery's performance the most" and advise the user to "keep his Smartphone out of the sun or a hot car (including the

glove box), in cases or covers that trap heat", the official advice is to keep your Smartphone as near room temperature (22 degrees Centigrade) as possible.

5th tip:

Finally, Smartphone makers offer some advice about how to properly maintain your Smartphone's battery, "For proper maintenance of a lithium-based battery, it's important to keep the electrons in it moving occasionally. Be sure to go through at least one charge cycle per month (charging the battery to 100% and then completely running it down).", which means that you should charge it always to 100% to keep the good maintenance of the battery and not leaving it dead until 0% only ones in a month.

Remark: for more information, check out the link bellow.

https://www.youtube.com/watch?v=Ho4js1f3Fx4&feature=player_embedded

By Ramzi HAMLAOUI
(Master2 : Air-Conditioning & Energy engineering)

RIDDLE1: If you have three apples and four oranges in one hand and four apples and three oranges in the other hand, what do you have?

ANSWER: Very large hands.

RIDDLE2: A man runs into a bar and asks for a glass of water. The bartender pulls out a shotgun and yells at him. The man thanks the bartender, then walks out of the bar happily. Why did the man thank the bartender?

ANSWER: The man had the hiccups, and by scaring the man the bartender cured them.

Did You Know?



The human brain takes in 11 million bits of information every second, but is aware of only about 40 bits.



Female dolphins are called cows, males are called bulls and young dolphins are called calves.

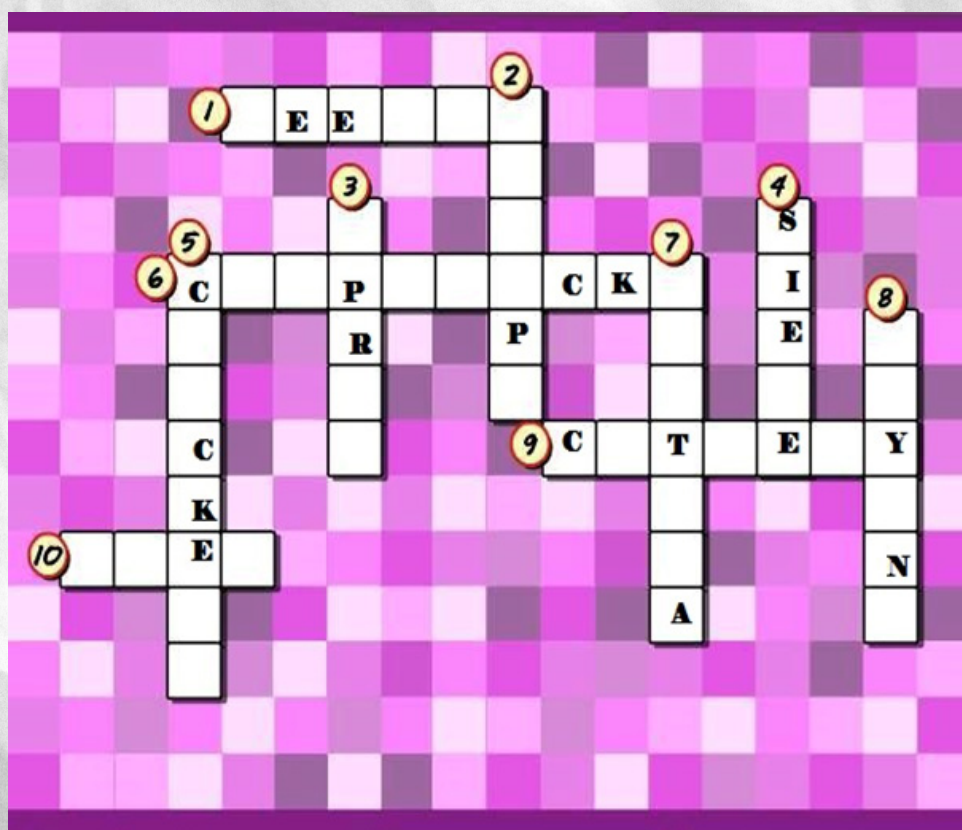


It takes approximately 400 cacao beans to make one pound (450 gr.) of chocolate.



Cross Words

This week: kitchen vocabulary



By Dalinda MES-BAH and Hadjer KHALFAOUI

Source: www.bbc.co.uk/

“

A purely materialistic civilization evolves toward downfall

Malek BENNEBI

”





Fusion Magazine added a new section for contributors. For those who are interested in writing in the magazine, email us at: fusion.accmagazine@yahoo.com